### Mentor Guidelines and Code of Conduct

#### **WELCOME TO A NEW ADVENTURE!**

The Project H.Y.P.E. is excited that you would like to be a mentor. We want to make sure that you understand and are comfortable with the expectations for mentoring. *Remember, mentoring is about being making a connection and inspiring.* Please read the following guidelines carefully.

MENTORS ARE: Positive role models, friends, sympathizers, advisors, self-esteem builders, sounding boards, and advocates.

- In the first few weeks of mentoring, your mentee may appear to be hesitant, unresponsive, and/or unappreciative. Your mentee's attitude is likely to gradually become more positive as he/she realizes that you sincerely care. Be patient and remember that consistency is key.
- Friendship requires trust. Your mentee will be interested in getting to know how "real" you are getting to know each other may take some time. Stay in contact by phone, email, social networking, or text messages. Plan activities that will give you a chance to talk to each other.
- > Try to have fun together and build a genuine friendship. Mentors who are friends are more influential than mentors who focus on a problem-solving agenda.
- > You are not required to be a teacher, parent, disciplinarian, therapist, Santa Claus or babysitter. Our experience has demonstrated that it is counterproductive to assume roles other than a dependable, consistent friend. Treat your mentee like a friend by keeping an open mind, responding without judgment, and honoring their values.
- Mentoring should empower youth to make positive decisions. Identify his/her interests and take them seriously. Be alert for opportunities and teaching moments. Explore positive and negative consequences by talking together. Remember to ask if your mentee wants your help with their concerns often he/she may just need someone to talk to, instead of someone to rescue them.
- > Do not get discouraged if your mentee makes mistakes or does not seem to be "invested". Youth must make their own choices. Mentors have a great deal of impact; it is not always immediately evident. Look for signs of success, such as: youth initiates contact, shows appreciation, is willing to talk about sensitive issues, or requests your advice/assistance.
- As a friend, you can share and advise, but know your limitations. Serious and life-threatening issues like suicide, substance abuse, mental or physical abuse, domestic violence, and/or criminal activity are best handled by professionals. *If these issues arise contact Keith immediately.*
- ➤ Discussions between you and your mentee are considered confidential. If you feel that you need to inform someone else about a concern/conversation, please ask your mentee if you may share the information. Be careful with sensitive, personal issues. A youth's personal or family life may be difficult to discuss, particularly early in your relationship as you establish trust. Discuss personal boundaries with your Friend.
- ➤ If you have any concerns please contact your advisor. You are part of a community of support; there are people and resources available to help you succeed as a mentor.

Contact Keith Thompson for more information or assistance with concerns.

blucollargroup@gmail.com

### Make a difference in the life of a child – and have fun, too!

I'm pleased to announce that The Blu Collar Group is launching a career exploratory mentoring program entitled Project H.Y.P.E. (Helping Youth Prepare for Excellence).

In my life, I've experienced first-hand the impact that encouraging, listening, and role modeling can have on a child's life. Mentoring programs give us each a chance to contribute to the youth in our communities. Many of you may already participate in mentoring activities, while others, are ready to take this next step through the Project H.Y.P.E. program. I hope you will join us.

#### What does a mentor do?

A mentor provides support to a person who may be younger or less experienced and who can. benefit from the guidance, friendship, and life experience of the mentor. Mentoring allows individuals involved to share experiences and learn from them while building a supportive relationship over time.

In the Project H.Y.P.E. Mentoring Program, our focus will be on providing youth in our communities whose lives can be enriched through the guidance of an older, more experienced adult, the opportunity to explore firsthand careers they have expressed an interest in.

### How does mentoring help?

In addition to making children more confident in their schoolwork and more trusting of their parents or guardians, statistics show that students who are mentored are:

- 52% less likely to skip school
- 46% less likely to begin using illegal drugs
- 37% less likely to skip a class
- 27% less likely to begin using alcohol
- 33% less likely to hit someone

### Who can participate?

This opportunity is available to all gainfully employed individuals who would like to share their passion for the work they do with a young person.

#### How do I participate?

The first step is to fill out a brief mentor application. Applications are available from Keith Thompson or can be downloaded from The Blu Collar Group website. Each application includes a background check, which is followed by a training session. Then, each participant is trained and matched with a student. During the 6-week mentoring period, The Project H.Y.P.E. advisors will provide ongoing support and monitoring to assist you in this important role.

We are looking forward to beginning our relationship with you as we are confident that this will be a very rewarding experience for both you and your mentee, but it requires commitment and consistency to be successful. I hope you will join me in accepting the challenge to make a difference.

Sincerely

Keith Thompson, CEO

(Please print) Date	_		
Name of Applicant		Birth Date	SS#
Address			
City	State	ZIP _	
Home Telephone	Home e-	mail (optional)	
Employer	Title		
Address			
City	State	ZIP	
Business Telephone ( )	Fax	Busines	ss e-mail
Preferred Day to mentor (Mon -	- Fri) Choice #1	Choice #2	2
Best Time of Day to mentor (ch	eck all that applies): _	_ morning lunch	afternoon
Do you prefer to be matched wi	ith: (check one) _ A Bo	oy _ A Girl _No Preferen	ice
Write a brief statement on why	you wish to be a ment	or in the Project H.Y.P.I	E. Mentoring Program:
Describe special interests and I cooking, crafts, career interests art, needlepoint, speak another	s, chess, stamp collect	ing, sports such as base	, -
I prefer to work with a child: _ o	ne on one _ with a "Yo	outh Project buddy":	
Lorefer a youth at	School: (Circle) Pre-K	1 2 3 4 5 6 7 8 9 10 11	12 No preference

State the addresses	where you have lived	for the last five years (be	egin with the most rec	ent after the
current one):				
DATES				
Address				
DATES				
Address				
DATES	Address			
City	State		ZIP	
-				
Please provide two	personal reference	s (other than family m	embers):	
1. Name		Telephone		
Relationship				
Address		City	State	ZIP
2. Name		Telephone		
Relationship				
Address		City	State	ZIP

### EMPLOYMENT HISTORY

List the last three places of employment with the most recent first:

Company	Address	City	State	Zip
Dates of Employment	to			
Title				
Company		City	State	Zip
Dates of Employment	to			
Title				
Company		City	State	Zip
Dates of Employment	to			
Title				

### **Mentor Release Statement**

I, the undersigned, hereby state that if accepted as a mentor, I agree to abide by the rules and regulations of The Project H.Y.P.E. Mentoring Program (the "Program"), which I acknowledge have been communicated to me, which I understand, and which may be revised without notice to me from time to time. I also agree to abide by all applicable laws. I acknowledge and agree that the Program requires me to spend a minimum of one hour/week at the assigned location. Further, I agree to attend all required training sessions, and the regular meeting updates. I am willing to commit to 6 weeks in the program and then may be asked to renew for another year, at my option. During all times in which I am participating in the Program,

I understand that I will be required to keep in regular contact with my mentee and communicate with staff frequently.

I understand that my participation in the Program is completely voluntary, and such participation is administered and overseen by The Blu Collar Group organization.

Due to the time commitment involved with my participation in the Program, I understand that my advisor at The B.C.G. must approve my candidacy for participation in the Program before I submit my application to the staff for consideration.

I hereby certify that I have not been convicted, within the past ten years of any felony or misdemeanor classified as an offense against a person or family, of public indecency, or a violation involving a state or federally controlled substance. I am not under current indictment.

Further, I hereby fully release, discharge and hold harmless the Program, participating organizations (including without limitation) The Project H.Y.P.E. and all of the foregoing's employees, officers, directors, and coordinators from any and all liability, claims, causes of action, costs and expenses, arising from, relating to or which may be, or may at any time hereafter become, attributable to my participation in the Program.

### Personal/Employment History and Release Statement

I understand that Program staff reserves the right to terminate any mentor from the Program at any time for any reason. The Program takes place solely within the scheduled sessions, exclusively at the Program location, and I agree to limit my actions to the activities permitted within the confines of the program's policies. I understand that any relationships or contact established between mentor/mentee and family members beyond the organized and supervised activities of the Program are neither encouraged not condoned. I give permission for program staff to conduct a criminal background check and verify any and all information provided by me on this Program application, as part of the screening for entrance into the Program, including without limitation verification of personal and employment references as well as a criminal check with the local authorities.

Program staff has final right of acceptance of applicant into the program at their sole discretion. I have read the above Mentor Release Statement and agree to the contents. I certify that all statements in this application are true and accurate.

Signature of applicant Date		
Signature of supervisor Date		

Criminal Background Check Form A PAGE MAY BE ATTACHED FOR THE POLICE CRIMINAL BACKGROUND CHECK FORM.

### **Mentor Agreement**

As a volunteer mentor in the Project H.Y.P.E. Mentoring Program I agree to:

- Make a 6-week commitment to mentoring.
- · Attend a training session.
- Be on time for scheduled meetings.
- Notify the program coordinator if I am unable to keep my weekly mentoring session.
- Engage in the relationship with an open mind.
- Accept assistance from my mentee's teacher and/or school support staff.
- Keep discussions with my mentee confidential unless the child's safety or well-being is at risk or I suspect child abuse.
- Ask program support staff or my business liaison when I need assistance or do not understand

something or am having difficulty with my mentoring relationship.

- Notify the program coordinator of any changes in my employment, address, and telephone number.
- Notify the program coordinator of a significant change in my mentee.
- Refrain from contacting or seeing my mentee outside of the established parameters and supervised sites where the program takes place. (NOTE: Mentors who wish a more expanded relationship with their mentee may be able to incorporate the relationship into the program up to twelve months. (See your advisor for more information.)

Signed:			
Vame			
Date:			

## **Mentor Job Description**

**Purpose:** To provide career-oriented support to a student.

**Commitment:** The mentor will be matched in group form with a student. He/she will meet with the student at least once a week for approximately one hour via Zoom communications during the facilitation of the Project H.Y.P.E. Program for at least a six-week period. He or she will attend a training session and check in regularly with the designated Blu Collar Group advisor.

### **Responsibilities:**

- 1. **Be a Friend.** The mentor will listen to the student, understand the obstacles the youth perceive in school or life, and help him/her identify possible solutions.
- 2. **Be a Role Model.** The mentor will be a role model for the student, demonstrating values of punctuality, dependability, and reliability.
- 3. Accept the Student. The student may be of a different race, religion, culture, or economic circumstance than the volunteer. A mentor is expected to respect the student for "who they are" and to better understand and appreciate the student's background.
- 4. **Assist with Academic Assignments.** The mentor may check homework, assist with test. preparation make suggestions about special projects, and informally "tutor" the student.
- 5. Encourage the Student to Stay in School. The mentor will help the student appreciate the importance of education, both personally and professionally.
- 6. Set Goals. The mentor may work with the student to develop long-range goals for his/her academic and personal life. The success of this relationship will depend on the mentor helping the student reduce these goals to short-term, manageable, weekly activities.